

**Phase 5**  
**GEETA SATHAPATYA**  
**Geeta Text Geometric formats**

---

**Phase 5.2**  
**Eighteen Yoga Discipline**

**CONTENT**

**Abstract**

1. Eighteen Yog Disciplines
2. Yog Sathapatya
3. TCV dictionary and Sathapatya referencer
  - 3.1 Om
  - 3.2 Gyatri Mantra
  - 3.4 Saraswati Mantras
  - 3.5 Maheshwara Sutras
  - 3.6 Ganita sutras
  - 3.7 Ganita Upsutras
4. Conceptual words formulations of Yog
5. Compactified manifestation of human body
6. Compactified Five Mahabhuts (elements) chase format of Solar universe

**Conclusion**

---

E:\Chanderyan 3 part 2 30-oct-23\18 Phase 5 Pdf documents Geeta Sathapatya \ 05  
phase 5.2 pdf document 16-Feb-24

**Phase 5**  
**GEETA SATHAPATYA**  
**Geeta Text Geometric formats**

**Phase 5.2**  
**Eighteen Yoga Disciplines**

**Dr. Sant Kumar Kapoor,**  
**Ved Ratan**

---

### **Abstract**

Geeta is ‘Eighteen Yoga Disciplines’ scripture. These are of sequential values format. These together constitute a pathway for liberty and recovery (स्मृतिर्लब्धा / *Smritilabdha Geeta 18.73*) from the delusion of illusion (विषीदन्तमिदं / *Vishidantmidam Geeta 2.1*) of mental state (शोकसंविग्नमानसः / *Shoksaviganmans Geeta 1.47*) caused because of ignorance about the values (सौख्य *Sankhiya Geeta 2*, योग *Yog Geeta chapter 3*, ध्यान *Dhayan Geeta 6.12*, उपासना *Upasana Geeta 9.34*, समर्पण *Samaparan Geeta 18.65*) ‘Reality of Existence Phenomenon’ within ‘Human frame’.

### **1. Eighteen Yog Disciplines**

Table 1

| <b>Chapter</b> | <b>Yog</b>                                       | <b>TCV value</b>         |
|----------------|--|--------------------------|
| 1              | अर्जुन विषाद योग<br>Arjun Vishad Yoga            | $19 + 24 + 12 = 55$      |
| 2              | सौख्य योग<br>Sankhya Yoga                        | $20 + 12 = 32$           |
| 3              | कर्म योग<br>Karam Yoga                           | $14 + 12 = 26$           |
| 4              | ज्ञान कर्म संन्यास योग<br>Gyan karam sanyas Yoga | $21 + 14 + 28 + 12 = 75$ |
| 5              | कर्म संन्यास योग<br>Karam sanyas Yoga            | $14 + 28 = 54$           |
| 6              | आत्मसंयम योग<br>Atamsayam Yoga                   | $41 + 12 = 53$           |
| 7              | ज्ञान विज्ञान योग<br>Gyan Vighyan Yoga           | $21 + 30 + 12 = 63$      |
| 8              | अक्षर ब्रह्म योग<br>Akshar braham Yoga           | $13 + 28 + 12 = 53$      |

|    |  |                          |
|----|--|--------------------------|
| 9  | राजविद्या राजगुह्य योग<br>Rajvidya rajguhya Yoga               | $28 + 27 + 12 = 67$      |
| 10 | विभूति योग<br>Vibhuti Yoga                                     | $29 + 12 = 41$           |
| 11 | विश्वरूप दर्शन योग<br>Vishwarupa Darshan Yoga                  | $34 + 21 + 12 = 67$      |
| 12 | भक्ति योग<br>Bhakti Yoga                                       | $16 + 12 = 28$           |
| 13 | क्षेत्र क्षेत्रज्ञ विभाग योग<br>Kshetra Kshetragya vibhag Yoga | $19 + 30 + 23 + 12 = 84$ |
| 14 | गुण त्रयविभाग योग<br>Gun triyavibhag Yoga                      | $14 + 31 + 12 = 57$      |
| 15 | पुरुषोत्तम योग<br>Purshotamm Yoga                              | $49 + 12 = 61$           |
| 16 | देवासुर सम्पदविभाग योग<br>Devasur Sampadibhag Yoga             | $31 + 48 + 12 = 91$      |
| 17 | श्रद्धा त्रयविभाग योग<br>Sharda triyavibhag Yoga               | $19 + 31 + 12 = 62$      |
| 18 | मोक्ष संन्यास योग<br>Moksha Sanyas Yoga                        | $24 + 28 + 12 = 64$      |

## 2. Yog Sathapatya

Table 2

| Chapter | Yog TCV                  | Sathapatya   |
|---------|--------------------------|--|
| 1       | $19 + 24 + 12 = 55$      | $h_5 + D_8 + D_5 = h_{14}$                         |
| 2       | $20 + 12 = 32$           | $D_7 + D_5 = D_{10}$                               |
| 3       | $14 + 12 = 26$           | $H_4 + D_5 = H_7$                                  |
| 4       | $21 + 14 + 28 + 12 = 75$ | $h_5 \frac{1}{2} + H_4 + D_9 + D_5 = h_{19}$       |
| 5       | $14 + 28 = 54$           | $H_4 + D_9 = H_{14}$                               |
| 6       | $41 + 12 = 53$           | $h_{10 \frac{1}{2}} + D_5 = h_{11 \frac{1}{2}}$    |
| 7       | $21 + 30 + 12 = 63$      | $h_5 \frac{1}{2} + H_8 + D_5 = h_{16 \frac{1}{2}}$ |
| 8       | $13 + 28 + 12 = 53$      | $H_3 \frac{1}{2} + D_9 + D_5 = h_{11 \frac{1}{2}}$ |
| 9       | $28 + 27 + 12 = 67$      | $D9 + h_7 + D5 = h_{17 \frac{1}{2}}$               |
| 10      | $29 + 12 = 41$           | $h_{7 \frac{1}{2}} + D_5 = h_{11}$                 |
| 11      | $34 + 21 + 12 = 67$      | $H_9 + h_5 \frac{1}{2} + D_5 = h_{17 \frac{1}{2}}$ |
| 12      | $16 + 12 = 28$           | $D_6 + D_5 = D_9$                                  |
| 13      | $19 + 30 + 23 + 12 = 84$ | $h_5 + H_8 + h_6 + D_5 = D_{23}$                   |
| 14      | $14 + 31 + 12 = 57$      | $H_4 + h_8 + D_5 = h_{14 \frac{1}{2}}$             |
| 15      | $49 + 12 = 61$           | $h_{12 \frac{1}{2}} + D_5 = h_{15 \frac{1}{2}}$    |
| 16      | $31 + 48 + 12 = 91$      | $h_8 + D_{14} + D_5 = h_{23 \frac{1}{2}}$          |
| 17      | $19 + 31 + 12 = 62$      | $h_5 + h_8 + D_5 = H_{16}$                         |
| 18      | $24 + 28 + 12 = 64$      | $D_8 + D_9 + D_5 = D_{18}$                         |

### 3. TCV dictionary and Sathapatya referencer

Human body (मानव शरीर / Manav Sharir) and Sun (सूर्य / Surya) are Sathapatya referencer of 6-space. For parallel TCV dictionaries of word formulations of the following mantras and sutras may be availed.

Om, Gyatri mantra, Sarastwati mantras, Maheshwara Sutras and Ganita Sutras and Upsutras

#### 3.1 Om

##### Synonyms of Om

1. Om **17.23** ऊँ तत्सदिति निर्देशः
2. Parnavha **7.8** प्रणवः सर्ववेदेषु
3. Aum **8.13** ऊँ इत्येकाक्षरं ब्रह्म
4. Omkar **9.17** वेद्यं पवित्रम् औम्‌कार ऋक् साम यर्जु

Table 3

| ऊँ     | तत्     | सत्     | इति   | निर्देशः | Total |
|--------|---------|---------|-------|----------|-------|
| 16     | 9       | 8       | 8     | 40       | 81    |
| प्रणवः | सर्व    | वेदेषु  |       |          |       |
| 36     | 14      | 26      |       |          | 76    |
| औम     | इति     | एक      | अक्षर | ब्रह्म   |       |
| 16     | 8       | 8       | 13    | 28       | 73    |
| वेद्यं | पवित्रं | औम्‌कार |       |          |       |
| 29     | 30      | 19      |       |          | 78    |
| ऋक्    | साम     | यर्जु   |       |          |       |
| 5      | 15      | 11      |       |          | 26    |
|        |         |         |       | Total    | 339   |

**Note:-** TCV (गणित सूत्राणि:) = 56,  
Letter of Ganita Sutras = 283  
Total TCV of Synonum of Om = 339

### 3.2 Gyatri Mantra

Table 4  
Gyatri Mantra

|    |            |    |     |
|----|------------|----|-----|
| 1  | ओउम्       | 16 | 16  |
| 2  | भूर्भव     | 33 | 49  |
| 3  | स्व        | 11 | 60  |
| 4  | तत         | 10 | 70  |
| 5  | सवितुर्    | 23 | 93  |
| 6  | वरेण्यम्   | 35 | 128 |
| 7  | भर्गो      | 21 | 149 |
| 8  | देवस्य     | 25 | 174 |
| 9  | धीमहि      | 32 | 206 |
| 10 | धियो       | 17 | 223 |
| 11 | यो         | 8  | 231 |
| 12 | नः         | 22 | 253 |
| 13 | प्रचोदयात् | 30 | 283 |

### 3.4 Saraswati Mantras

Table 5  
Saraswati Mantras With TCV

| S   | Sutra            | TCV Value    | Total TCV |
|-----|------------------|--------------|-----------|
| 1.  | ॐ प्रणो देव इति  | 16+41+8 = 65 | 65        |
| 2.  | ॐ आ नो दिव इति   | 16+33+8 = 57 | 122       |
| 3.  | ॐ पावका न इति    | 16+27+8 = 51 | 173       |
| 4.  | ॐ चेदचित्रीति    | 16+24+8 = 48 | 221       |
| 5.  | ॐ महो अर्ण इति   | 16+37+8 = 61 | 282       |
| 6.  | ॐ चत्वारि वागिति | 16+33+8 = 57 | 339       |
| 7.  | ॐ यद्वागवदन्तीति | 16+48+8 = 72 | 411       |
| 8.  | ॐ देवी वाचम् इति | 16+44+8 = 68 | 479       |
| 9.  | ॐ उत त्व इति     | 16+20+8 = 44 | 523       |
| 10. | ॐ अस्तित्वम् इति | 16+33+8 = 57 | 580       |

**Note:-** 580 = 555+25

TCV Saraswati = 25

### 3.5 Maheshwara Sutras

Table 6  
Maheshwara Sutras With TCV

| S.N. | Sutra              | TCV value                    | Total | Grand total |
|------|--------------------|------------------------------|-------|-------------|
| 1.   | अ इ उ ण्           | (1, 2, 3) (7)                | 13    | 13          |
| 2.   | ऋ लृ क्            | (4, 5) (5)                   | 14    | 27          |
| 3.   | ए ओ इः.            | (6, 7) 5                     | 18    | 45          |
| 4.   | ऐ औ च्             | (8, 9) (2)                   | 19    | 64          |
| 5.   | ह य व र ट          | (9, 1, 7, 3) (3)             | 23    | 87          |
| 6.   | ल ण्               | (5) (7)                      | 12    | 99          |
| 7.   | ञ म ङ् ण न म्      | (6, 9, 5, 7, 8) (9)          | 44    | 143         |
| 8.   | झ भ ज              | (5, 8) (6)                   | 19    | 162         |
| 9.   | घ ङ् ध ष्          | (4, 6, 7) (6)                | 23    | 185         |
| 10.  | ज ब ग ड द श्       | (4, 7, 3, 5, 6) (2)          | 27    | 212         |
| 11.  | ख फ छ ठ थ च ट त व् | (2, 6, 3, 4, 5, 2, 3, 4) (7) | 36    | 248         |
| 12.  | क प य              | (1, 5) (1)                   | 7     | 255         |
| 13.  | श ष स र            | (2, 6, 3) (3)                | 14    | 269         |
| 14.  | ह ल्               | (9) (5)                      | 14    | 283         |

### 3.6 Ganita sutras

Table 7

Composition Organization Data of Ganita sutras

| S N      | Sutra                     | Words | Syllables | Letters   | TCV  | VCV |
|----------|---------------------------|-------|-----------|-----------|------|-----|
| 1        | एकाधिकेन पूर्वेण ।        | 2     | 5+3 =8    | 9+7=16    | 75   | 23  |
| 2        | निखिलं नवतश्चरमं दशतः     | 3     | 3+6+3 =12 | 7+14+7=28 | 107  | 52  |
| 3        | ऊर्ध्वतिर्यग्भ्याम्       | 1     | 5         | 15        | 58   | 36  |
| 4        | परावर्त्य योजयेत् ।       | 2     | 4+3 = 7   | 10+7=17   | 52   | 32  |
| 5        | शून्यं साम्यसमुच्चये      | 2     | 2+6 = 8   | 6+14=20   | 71   | 42  |
| 6        | (आनुरूप्ये) शून्यमन्यत् । | 2     | 4+4 = 8   | 8+11=19   | 76   | 22  |
| 7        | संकलनव्यवकलनाभ्याम् ।     | 1     | 10        | 24        | 91   | 33  |
| 8        | पूरणापूरणाभ्याम् ।        | 1     | 6         | 16        | 68   | 26  |
| 9        | चलनकलनाभ्याम् ।           | 1     | 7         | 16        | 59   | 23  |
| 10       | यावदूनम् ।                | 1     | 4         | 9         | 41   | 18  |
| 11       | व्यष्टिसमष्टिः ।          | 1     | 5         | 14        | 58   | 32  |
| 12       | शेषाण्यङ्केन चरमेण ।      | 2     | 4+4=8     | 12+8=20   | 79   | 43  |
| 13       | सोपान्त्यद्वयमन्त्यम् ।   | 1     | 7         | 20        | 80   | 44  |
| 14       | एकन्यूनेन पूर्वेण ।       | 2     | 5+3 = 8   | 10+ 7= 17 | 84   | 14  |
| 15       | गुणितसमुच्चयः             | 1     | 7         | 16        | 56   | 38  |
| 16       | गुणकसमुच्चयः ।            | 1     | 7         | 16        | 55   | 33  |
| Total 16 |                           | 24    | 117       | 283       | 1110 | 511 |

### 3.7 Ganita Upsutras

Table 8

Composition Organization Data of Ganita Upsutras

| S<br>N | Upsutra                                   | Words | Syllables        | Letters            | TCV        | VCV |
|--------|---|-------|------------------|--------------------|------------|-----|
| 1      | आनुरूप्येण ।                              | 1     | 5                | 10                 | 42         | 9   |
| 2      | शिष्यते शेषसंज्ञः ।                       | 2     | 3+4=7            | 7+11= 18           | 74         | 44  |
| 3      | आद्यमाद्येनान्त्यमन्त्येन                 | 1     | 9                | 23                 | 96         | 40  |
| 4      | केवलैः सप्तकं गुण्यात् ।                  | 3     | 3+3+2=8          | 7 + 8 + 6 =<br>21  | 92         | 36  |
| 5      | वेष्टनम् ।                                | 1     | 3                | 08                 | 41         | 17  |
| 6      | यावदूनं तावदूनम् ।                        | 2     | 4+4=8            | 9 + 9=18           | 85         | 35  |
| 7      | यावदूनं तावदूनीकृत्य वर्गं च<br>योजयेत् । | 5     | 4+6+2+<br>1+3=16 | 9+13+6+2 +7<br>=37 | 144        | 46  |
| 8      | अन्त्ययोर्दर्शकेऽपि ।                     | 1     | 7                | 16 (17)            | 53<br>(54) | 24  |
| 9      | अन्त्ययोरेव ।                             | 1     | 5                | 11                 | 40         | 13  |
| 10     | समुच्चयगुणितः ।                           | 1     | 7                | 16                 | 56         | 37  |
| 11     | लोपनस्थपनाभ्याम् ।                        | 1     | 7                | 17                 | 73         | 28  |
| 12     | विलोकनम् ।                                | 1     | 4                | 09                 | 44         | 13  |
| 13     | गुणितसमुच्चयः<br>समुच्चयगुणितः ।          | 2     | 7+7=14           | 16 + 16= 32        | 112        | 74  |
| TOTAL  |   | 22    | 100              | 236                | 952        | 416 |

### 4. Conceptual words formulations of Yog

Yog Disciplines of Geeta are availing following conceptual words formulations of Yog

- (1) अर्जुन Arjun (2) विषाद Vishad (3) योग Yoga (4) सांख्य Sankhya (5) कर्म Karam
- (6) ज्ञान Gyan (7) संन्यास sanyas (8) आत्मसंयम Atamsayam (9) विज्ञान Vighyan
- (10) अक्षर Akshar (11) ब्रह्म braham (12) राजविद्या Rajvidya (13) राजगुह्या rajguhya
- (14) विभूति Vibhuti (15) विश्वरूप Vishwarupa (16) दर्शन Darshan (17) भक्ति Bhakti
- (18) क्षेत्र Kshetra (19) क्षेत्रज्ञ Kshetragya (20) विभाग vibhag (21) गुण Gun (22) त्रयविभाग triyavibhag (23) पुरुषोत्तम Purshotamm (24) देवासुर Devasur (25) सम्पदविभाग Sampadibhag (26) श्रद्धा Sharda (27) त्रयविभाग triyavibhag (28) मोक्ष Moksha (29) संन्यास Sanyas

Sathapatya features of above 29 specific conceptual word formulations of 18 Disciplines of Yoga are to be comprehended, appreciated and to be applied for comprehension of the Existence phenomenon within human frame and of solar universe by availing the formats of Sathapatya measuring rod and Sathapatya measuring rope.

## 5. Compactified manifestation of human body

Human body is a Compactified manifestation being

- Sathul Sharir स्थूल शरीर TCV  $20 + 14 = 34$  Mundane body
- Suksham Sharir सूक्ष्म शरीर TCV  $26 + 14 = 40$  Subtle body
- Karan Sharir कारण शरीर TCV  $15 + 14 = 29$  Casual body
- Karanatit sharir / Turia Satta कारणअतीत शरीर / तुर्य सत्ता TCV  $(15 + 14 + 14 = 43 / 17 + 14 = 31)$  Casual body

## 6. Compactified Five Mahabhuts (elements) chase format of Solar universe

Compactified five Mahabhuts (elements) format of TCV value  $68 = D_{19}$  is of sequential steps

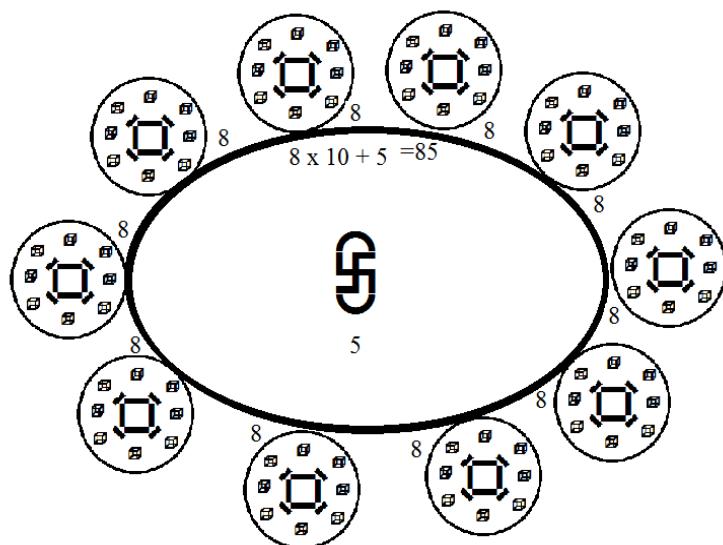
Prithavi / पृथिवि TCV 25 Earth, Aap / आप TCV 8 Water, Agni / अग्नि TCV 14 Fire, Vayu / वायु TCV 13 Air, Akash / आकाश TCV 8 Space.

This reach upto Surya सूर्य TCV 13 Sun takes ahead upto Dhurav / धुर्व TCV 19 pole star makes the reach format of TCV value '100'. The reverse reach as of five sequential steps from pole star upto Fire element is of TCV value 67.

Step ahead of Pole Star is of Anant अनन्त TCV 23 of  $h_6$  Sathapatya of 6-space Lord Vishnu विष्णु TCV 25. One may have a pause here and take note that this four steps extension as

of steps Sun / Surya सूर्य (13), Dhurav धुर्व (19), Anant अनन्त (23) and Vishnu विष्णु (25) is parallel with Antakaran अंतःकरण / ultimate supports, Chit चित (13) Maan मन (19), Ahankar अंहकार (23) and Budhi बुद्धि (25) together of TCV value 80 parallel with

Sathapatya of 80 solid boundary components of 10 creative boundary components of transcendental domain.



## **Conclusion**

Central focus of TCV dictionary and Sathapatya referencer is to remain upon the Geeta text words formulations. Aim shall be of reach parallel with the existence phenomenon of our solar universe, within and without frames, including the existence phenomenon human frame. For it one may avail the conceptual values of Patanjali Yog Darshan Scripture text of 195 Sutras, as one of the feature of Number value  $195 = 13 \times 15$  is parallel with Synthetic spectra of 13 geometries of 6-space format of Surya / Sun and 15 geometries of 7-space of Dhurav / Pole Star.

**February 16, 2024**